THE MODIFIED OVERT AGGRESSION SCALE (MOAS)

INSTRUCTIONS
Rate the patient’s aggressive behavior over the past week. Select as many items as are appropriate. Refer to the pocket guide for the full measure.

SCORING
1. Add items in each category
2. In scoring summary, multiply sum by weight and add weighted sums for total weighted score. Use this score to track changes in level of aggression over time.

Verbal aggression
- 0 No verbal aggression
- 1 Shouts angrily, curses mildly, or makes personal insults
- 2 Curses viciously, is severely insulting, has temper outbursts
- 3 Impulsively threatens violence toward others or self
- 4 Threatens violence toward others or self repeatedly or deliberately

SUM VERBAL AGGRESSION SCORE

Aggression against Property
- 0 No aggression against property
- 1 Slams door, rips clothing, urinates on floor
- 2 Throws objects down, kicks furniture, defaces walls
- 3 Breaks objects, smashes windows
- 4 Sets fires, throws objects dangerously

SUM PROPERTY AGGRESSION SCORE

Autoaggression
- 0 No autoaggression
- 1 Picks or scratches skin, pulls hair out, hits self (without injury)
- 2 Bangs head, hits fists into walls, throws self onto floor
- 3 Inflicts minor cuts, bruises, burns, or welts on self
- 4 Inflicts major injury on self or makes a suicide attempt

SUM AUTOAGGRESSION SCORE

Physical Aggression
- 0 No physical aggression
- 1 Makes menacing gestures, swings at people, grabs at clothing
- 2 Strikes, pushes, scratches, pulls hair of others (without injury)
- 3 Attacks others, causing mild injury (bruises, sprain, welts, etc.)
- 4 Attacks others, causing serious injury

SUM PHYSICAL AGGRESSION SCORE

<table>
<thead>
<tr>
<th>CATEGORY</th>
<th>SUM SCORE</th>
<th>WEIGHTS</th>
<th>WEIGHTED SUM</th>
</tr>
</thead>
<tbody>
<tr>
<td>Verbal Aggression</td>
<td></td>
<td>x 1</td>
<td></td>
</tr>
<tr>
<td>Aggression against Property</td>
<td></td>
<td>x 2</td>
<td></td>
</tr>
<tr>
<td>Autoaggression</td>
<td></td>
<td>x 3</td>
<td></td>
</tr>
<tr>
<td>Physical Aggression</td>
<td></td>
<td>x 4</td>
<td></td>
</tr>
<tr>
<td>Total Weighted Score</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>