

# ANXIETY CODING FACT SHEET FOR PRIMARY CARE CLINICIANS

# Current Procedural Terminology (CPT®) (Procedure) Codes

Initial assessment usually involves a lot of time determining the differential diagnosis, a diagnostic plan, and potential treatment options. Therefore, most pediatricians will report either an office or outpatient evaluation and management (E/M) code using time as the key factor<sup>a</sup> or a consultation code<sup>b</sup> for the initial assessment.

## Physician Evaluation and Management Services

99201	Office or other outpatient visit, <i>new</i> <sup>c</sup> patient; self
	limited or minor problem, 10 min.

99202	low to moderate severity problem, 20 min.
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- 99203 moderate severity problem, 30 min.
- 99204 moderate to high severity problem, 45 min.
- 99205 high severity problem, 60 min.
- **99211** Office or other outpatient visit, *established* patient; minimal problem, 5 min.
- 99212 self limited or minor problem, 10 min.
- 99213 low to moderate severity problem, 15 min.
- 99214 moderate severity problem, 25 min.
- 99215 moderate to high severity problem, 40 min.
- 99241 Office or other outpatient *consultation*, new or established patient; self-limited or minor problem,15 min.
- 99242 low severity problem, 30 min.
- 99243 moderate severity problem, 45 min.
- moderate to high severity problem, 60 min.
- 99245 moderate to high severity problem, 80 min.

<sup>a</sup>Time may be used as the key or controlling factor when greater than 50% of the total physician face-to-face time is spent in counseling or coordination of care (*Current Procedural Terminology 2010*, American Medical Association, page 10).

- <sup>b</sup>NOTE: Use of these codes requires the following:
- 1) Written or verbal request for consultation is documented in the patient chart.
- 2) Consultant's opinion as well as any services ordered or performed are documented in the patient chart.
- 3) Consultant's opinion and any services that are performed are prepared in a written report, which is sent to the requesting physician or other appropriate source (*Note:* patients/parents may not initiate a consultation). For more information on consultation code changes for 2010, see <a href="https://www.aap.org/moc/loadsecure.cfm/reimburse/PositiononMedicareConsultationPolicy.doc.">www.aap.org/moc/loadsecure.cfm/reimburse/PositiononMedicareConsultationPolicy.doc.</a>
- <sup>c</sup>A new patient is defined as one who has not received any face-to-face professional services from a physician, or another physician of the same specialty who belongs to the same group practice, within the past 3 years (*Principles of CPT Coding* [5th edition], American Medical Association, 2007).

+99354 Prolonged physician services in office or other outpatient setting, with direct patient contact; first hour (use in conjunction with time-based codes 99201–99215, 99241–99245, 99301–99350)

**+99355** each additional 30 min. (use in conjunction with **99354**)

- Used when a physician provides prolonged services beyond the usual service (ie, beyond the typical time).
- · Time spent does not have to be continuous.
- + Codes are add-on codes, meaning they are reported separately in addition to the appropriate code for the service provided (eg, office or other outpatient E/M codes, 99201–99215).
- Prolonged service of less than 15 minutes beyond the first hour or less then 15 minutes beyond the final 30 minutes is not reported separately.

#### Physician Non-Face-to-Face Services

99339 Care Plan Oversight—Individual physician supervision of a patient (patient not present) in home, domiciliary or rest home (e.g., assisted living facility) requiring complex and multidisciplinary care modalities involving regular physician development and/or revision of care plans, review of subsequent reports of patient status, review of related laboratory and other studies, communication (including telephone calls) for purposes of assessment or care decisions with health care professional(s), family member(s), surrogate decision maker(s) (e.g., legal guardian) and/or key caregiver(s) involved in patient's care, integration of new information into the medical treatment plan and/or adjustment of medical therapy, within a calendar month; 15-29 minutes

**99340** 30 minutes or more

99358 Prolonged physician services without direct patient contact; first hour <u>NOTE</u>: This code is no longer an "add-on" service and can be reported alone.

+99359 each additional 30 min. (+ designated add-on code, use in conjunction with 99358)

99367 Medical team conference by physician with interdisciplinary team of healthcare professionals, patient and/or family not present, 30 minutes or more

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99441	Telephone evaluation and management to patient,		
	parent or guardian not originating from a related		
	E/M service within the previous 7 days nor leading		
	to an E/M service or procedure within the next		
	24 hours or soonest available appointment; 5-10		
	minutes of medical discussion		

99442 11-20 minutes of medical discussion99443 21-30 minutes of medical discussion

99444 Online evaluation and management service provided by a physician to an established patient, guardian or health care provider not originating from a related E/M service provided within the previous 7 days, using the internet or similar electronic communications network

# Psychiatric Diagnostic or Evaluative Interview Procedures

90801 Psychiatric diagnostic interview examination

90802 Interactive psychiatric diagnostic interview examination using play equipment, physical devices, language interpretation, or other communication mechanisms

### **Psychotherapy**

**90804** Individual psychotherapy, 20-30 min face-to-face with patient;

90805 with medical evaluation and management

**90806** Individual psychotherapy, 45-50 min face-to-face with patient;

90807 with medical evaluation and management services

**90808** Individual psychotherapy, 75-80 min face-to-face with patient;

90809 with medical evaluation and management services

90810 Individual psychotherapy, interactive, using play equipment, or other mechanisms, 20-30 min faceto-face with patient;

90811 with medical evaluation and management services

**90812** Individual psychotherapy, interactive, 45-50 min face-to-face with patient;

90813 with medical evaluation and management services

**90814** Individual psychotherapy, interactive, 75-80 min face-to-face with patient;

90815 with medical evaluation and management services

**90846** Family psychotherapy (without patient present)

90847 Family psychotherapy (conjoint psychotherapy) (with patient present)

90849 Multiple-family group psychotherapy

**90857** Interactive group psychotherapy

#### **Other Psychiatric Services/Procedures**

90862 Pharmacologic management, including prescription, use, and review of medication with no more than minimal medical psychotherapy

90885 Psychiatric evaluation of hospital records, other psychiatric reports, and psychometric and/or projective tests, and other accumulated data for medical diagnostic purposes

90887 Interpretation or explanation of results of psychiatric, other medical exams, or other accumulated data to family or other responsible persons, or advising them how to assist patient

90889 Preparation of reports on patient's psychiatric status, history, treatment, or progress (other than for legal or consultative purposes) for other physicians, agencies, or insurance carriers

#### **Psychological Testing**

96101 Psychological testing (includes psychodiagnostic assessment of emotionality, intellectual abilities, personality and psychopathology, e.g., MMPI, Rorschach, WAIS), per hour of the *psychologist's or physician's* time, both face-to-face time administering tests to the patient and time interpreting these test results and preparing the report

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96102 Psychological testing (includes psychodiagnostic assessment of emotionality, intellectual abilities, personality and psychopathology, e.g., MMPI, Rorschach, WAIS), with qualified health care professional interpretation and report, administered by technician, per hour of technician time, face-to-face

96103 Psychological testing (includes psychodiagnostic assessment of emotionality, intellectual abilities, personality and psychopathology, e.g., MMPI, Rorschach, WAIS), administered by a computer, with qualified health care professional interpretation and report

96105 Assessment of aphasia (includes assessment of expressive and receptive speech and language function, language comprehension, speech production ability, reading, spelling, writing, e.g., Boston Diagnostic Aphasia Examination) with interpretation and report, per hour

96110 Developmental testing; limited (eg, Developmental Screening Test II, Early Language Milestone Screen), with interpretation and report

96111 Developmental testing; extended (includes assessment of motor, language, social, adaptive and/or cognitive functioning by standardized instruments) with interpretation and report

96116 Neurobehavioral status exam (clinical assessment of thinking, reasoning and judgment, eg, acquired knowledge, attention, language, memory, planning and problem solving, and visual spatial abilities), per hour of the psychologist's or physician's time, both face-to-face time with the patient and time interpreting test results and preparing the report

### Nonphysician Provider (NPP) Services

99366 Medical team conference with interdisciplinary team of healthcare professionals, face-to-face with patient and/or family, 30 minutes or more, participation by a nonphysician qualified healthcare professional

99368 Medical team conference with interdisciplinary team of healthcare professionals, patient and/ or family not present, 30 minutes or more, participation by a nonphysician qualified healthcare professional

96150 Health and behavior assessment performed by nonphysician provider (health-focused clinical interviews, behavior observations) to identify psychological, behavioral, emotional, cognitive or social factors important to management of physical health problems, 15 min., initial assessment

96151 re-assessment

96152 Health and behavior intervention performed by nonphysician provider to improve patient's health and well-being using cognitive, behavioral, social, and/or psychophysiological procedures designed to ameliorate specific disease-related problems, individual, 15 min.

96153 group (2 or more patients)
96154 family (with the patient present)
96155 family (without the patient present)

#### Non-Face-to-Face Services: NPP

98966 Telephone assessment and management service provided by a qualified nonphysician healthcare professional to an established patient, parent or guardian not originating from a related assessment and management service provided within the previous seven days nor leading to an assessment and management service or procedure within the next 24 hours or soonest available appointment; 5-10 minutes of medical discussion

98967 11-20 minutes of medical discussion98968 21-30 minutes of medical discussion

Online assessment and management service provided by a qualified nonphysician healthcare professional to an established patient, parent, guardian, or health care provider not originating from a related assessment and management service provided within the previous seven days nor using the internet or similar electronic communications network

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#### **Miscellaneous Services**

99071 Educational supplies, such as books, tapes or pamphlets, provided by the physician for the patient's education at cost to the physician

## International Classification of Diseases, Ninth Revision, Clinical Modification (ICD-9-CM) (Diagnosis) Codes

- Use as many diagnosis codes that apply to document the patient's complexity and report the patient's symptoms or adverse environmental circumstances.
- Once a definitive diagnosis is established, report the appropriate definitive diagnosis code(s) as the primary code, plus any other symptoms that the patient is exhibiting as secondary diagnoses.
- Counseling diagnosis codes can be used when patient is present or when counseling the parent(s) or guardian(s) when the patient is not physically present.
- **292.84** Other drug-induced mental disorder (eg, anxiety disorder) (Add E-code to identify the drug)
- 293.84 Anxiety disorder in conditions classified elsewhere
- 296.81 Atypical manic disorder
- **296.90** Unspecified episodic mood disorder
- **300.00** Anxiety state, unspecified
- 300.01 Panic disorder without agoraphobia
- **300.02** Generalized anxiety disorder
- 300.09 Other anxiety disorders
- 300.20 Phobia, unspecified
- **300.21** Agoraphobia with panic disorder
- 300.22 Agoraphobia without mention of panic attacks
- 300.23 Social phobia
- 300.29 Other isolated or specific phobias
- **300.4** Dysthymic disorder; depression with anxiety
- **300.5** Neurasthenia (*Use additional code to identify any associated physical disorder*)
- 300.9 Unspecified nonpsychotic mental disorder

#### **Substance Dependence/Abuse**

For the following codes (303–305), fifth-digit subclassification is as follows:

- 0 unspecified
- 1 continuous
- 2 episodic
- 3 in remission

#### **Dependence**

- **303.9X** Other and unspecified alcohol dependence
- 304.3X Cannibis dependence
- **304.4X** Amphetamine and other psychostimulant dependence
- 304.9X Unspecified drug dependence

#### **Nondependent Abuse of Drugs**

- 305.0X Alcohol abuse
- 305.1X Tobacco use disorder
- 305.2X Cannabis abuse
- **305.7X** Amphetamine or related acting sympathomimetic abuse
- **305.8X** Antidepressant type abuse
- **305.9X** Other mixed, or unspecified drug abuse (eg, caffeine intoxication, laxative habit)
- 307.20 Tic disorder, unspecified
- **307.21** Transient tic disorder
- **307.22** Chronic motor or vocal tic disorder
- **307.23** Tourette's disorder
- 307.40 Nonorganic sleep disorder, unspecified
- **307.41** Transient disorder of initiating or maintaining sleep
- **307.42** Persistent disorder of initiating or maintaining sleep
- **307.46** Sleep arousal disorder
- 307.49 Other sleep disorder
- **307.50** Eating disorder, unspecified
- 307.52 Pica
- **307.54** Psychogenic vomiting
- **307.59** Other and unspecified disorders of eating; loss of appetite of nonorganic origin
- 307.6 Enuresis
- 307.7 Encopresis
- **307.80** Psychogenic pain, site unspecified
- 307.81 Tension headache

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786.01 Hyperventilation786.05 Shortness of breath

307.89	Other psychalgia (Code first to type or site of pain)	786 50	Chest pain, unspecified	
307.9	Other and unspecified special symptoms or		Nausea with vomiting	
307.7	syndromes, not elsewhere classified (NEC);		Nausea alone	
	behavior activities	787.02 787.03		
308.0	Acute reaction to stress; predominant disturbance	787.03 787.1	Heartburn	
300.0	of emotions	787. <b>1</b>	Flatulence, eructation, and gas pain	
308.1	Acute reaction to stress; predominant disturbance	787.91		
300.1	of consciousness	787.99		
308.2	Acute reaction to stress; predominant psychomotor	788.36	Nocturnal enuresis	
300.2	disturbance	789.00	Abdominal pain; unspecified site	
308.3	Other acute reactions to stress	796.2	Elevated blood pressure reading without diagnosis	
308.4	Mixed disorders as reaction to stress	170.2	of hypertension	
308.9	Unspecified acute reaction to stress	799.21		
309.21	Separation anxiety disorder	799.29		
309.24	Adjustment disorder with anxiety	177.27	state	
309.28	Adjustment disorder with mixed anxiety and	984.9	Toxic effect of lead, unspecified lead compound	
	depressed mood		(Use E code in addition)	
309.9	Unspecified adjustment reaction		(000 = 0000 = 000000)	
310.2	Postconcussion syndrome			
310.8	Other specified nonpsychotic mental disorders	NOTE: The following diagnosis codes are used to deal with		
	following organic brain damage		ns when circumstances other than a disease or an	
310.9	Unspecified nonpsychotic mental disorders		re recorded as diagnoses or problems. Some carriers	
	following organic brain damage	may request supporting documentation for the reporting of		
312.30	Impulse control disorder, unspecified	V codes. These codes may also be reported in addition to the		
313.0	Overanxious disorder	primary <i>ICD-9-CM</i> code to list any contributing factors or		
313.23	Selective mutism	those factors that influence the person's health status but are		
313.3	Relationship problems	not in th	nemselves a current illness or injury.	
313.9	Unspecified emotional disturbance of childhood or	V11.1	Personal history of affective disorders	
	adolescence	V11.8	Personal history of other mental disorders	
315.34	Speech and language developmental delay due to	V11.9	Personal history of unspecified mental disorders	
	hearing loss	V12.1	Personal history of a nutritional deficiency	
315.39	Other developmental speech or language disorder	V12.2	Personal history of endocrine, metabolic, and	
317	Mild mental retardation		nutritional disorders	
318.0	Moderate mental retardation	V12.3	Personal history of diseases of blood and blood-	
318.1	Severe mental retardation		forming organs	
318.2	Profound mental retardation	V12.40	Unspecified disorder of the neurological system	
319	Unspecified mental retardation		and sense organs	
780.50	Sleep disturbance, unspecified	V12.49	Other disorders of the nervous system and sense	
780.99	Other general symptoms		organs	
783.1	Abnormal weight gain		Other disorders of the respiratory system	
783.21	Loss of weight	V12.79	Other diseases of the digestive system	
783.3	Feeding difficulties and mismanagement			
784.0	Headache			
785.0	Tachycardia			

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#### **ANXIETY CODING FACT SHEET FOR PRIMARY CARE CLINICIANS**

V12.9	Personal history of allergy to unspecified medicinal	V61.05	Family disruption due to child in welfare custody
	agent	V61.06	Family disruption due to child in foster care or in
V13.6	Congenital malformations		care of non-parental family member
V15.0	Allergy, other than to medicinal agents	V61.07	Family disruption due to death of family member
V15.41	History of physical abuse	V61.08	Family disruption due to other extended absence of
V15.42	History of emotional abuse		family member
V15.49	Other personal history presenting hazards to health;	V61.09	Other family disruption
	psychological trauma	V61.23	Counseling for parent-biological child problem
V15.52	History of traumatic brain injury	V61.24	Counseling for parent-adopted child problem
V15.81	Noncompliance with medical treatment	V61.25	Counseling for parent-biological child problem
V15.82	History of tobacco use	V61.29	Counseling for parent-child problem; other
V15.86	Contact with and (suspected) exposure to lead	V61.41	Alcoholism in family
V17.0	Family history of psychiatric disorder	V61.42	Substance abuse in family
V18.2	Family history of anemia	V62.4	Social maladjustment
V18.4	Family history of mental retardation	V62.5	Legal circumstances
V40.2	Mental and behavioral problems; anxiety problem	V62.89	Other psychological or physical stress, NEC
V60.0	Inadequate material resources (poverty NOS)	V65.49	Other specified counseling; anxious variation
V60.1	Inadequate housing	V79.0	Special screening for depression
V60.2	Inadequate material resources	V79.2	Special screening for mental retardation
V60.81	Foster case (status)	V79.3	Special screening for developmental handicaps in
V60.89	Other specified housing or economic circumstances		early childhood
V61.01	Family disruption due to family member on	V79.8	Special screening for other specified mental
	military deployment		disorders and developmental handicaps
V61.02	Family disruption due to return of family member	V79.9	Unspecified mental disorder and developmental
	from military deployment		handicap
V61.03	Family disruption due to divorce or legal separation		
V61.04	Family disruption due to parent-child estrangement		

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