

Federal Agencies

Center for Mental Health Services

(www.mentalhealth.samhsa.gov/cmhs)

This Web site provides resources for children, adolescents, and other family members.

Center for Mental Health Services/Systems of Care

(www.systemsofcare.samhsa.gov)

This Web site, developed by the Substance Abuse & Mental Health Services Administration (SAMHSA) and the Center for Mental Health Services, is dedicated to providing information about youth and family involvement and care coordination in planning mental health services for children, youth, and families.

Centers for Disease Control and Prevention

(www.cdc.gov)

The Centers for Disease Control and Prevention has helpful information on mental health–related issues and statistical information on suicide.

Centers for Medicare & Medicaid Services

(www.cms.hhs.gov)

The Centers for Medicare & Medicaid Services administers the State Children's Health Insurance Program, Medicare, and Medicaid programs.

Department of Education Office of Special Education and Rehabilitative Services

(www.ed.gov/about/offices/list/osers/index.html)

The Office of Special Education and Rehabilitative Services Web site includes a wide array of information for families, school districts, and states. It addresses 3 main areas—special education, vocational rehabilitation, and research.

A Guide to Evidence-Based Practices (EBP) on the Web

(www.samhsa.gov/ebpwebguide/sites.asp)

This SAMHSA Web guide was designed to assist the public with simple and direct connections to Web sites that contain information about interventions to prevent or treat mental or substance abuse disorders.

Insure Kids Now!

(www.insurekidsnow.gov)

The US Department of Health and Human Services has created a national campaign to link the nation's 10 million uninsured children—from birth to 18 years—to free and low-cost health insurance.

Maternal and Child Health Bureau

(www.mchb.hrsa.gov)

The Maternal and Child Health Bureau (MCHB) is part of the US Department of Health and Human Services Health Resources and Services Administration. Programs funded by the MCHB are aimed at improving the health and well-being of mothers, children, and families.

National Institute of Mental Health

(www.nimh.nih.gov)

The mission of the National Institute of Mental Health is to diminish the burden of mental illness through research.

Office of Juvenile Justice and Delinquency Prevention

(www.ojjdp.ncjrs.org)

The Office of Juvenile Justice and Delinquency Prevention (OJJDP) mission is to provide national leadership, coordination, and resources to prevent and respond to the needs of individuals in the juvenile justice system. The OJJDP supports states and local communities in their efforts to develop and implement effective and coordinated prevention and intervention programs. The agency also works to improve the juvenile justice system.

Office of the US Surgeon General

(www.surgeongeneral.gov/index.html)

The Surgeon General's office has issued several reports on children's mental health.

President's New Freedom Commission on Mental Health

(www.mentalhealthcommission.gov)

The commission was created to examine the current gaps in mental illness treatment services and to make recommendations to the president on ways in which the federal government can help states increase access to care and improve quality in their public programs.

Substance Abuse & Mental Health Services Administration

(www.samhsa.gov)

SAMHSA develops programs, policies, and grants in an effort to facilitate recovery for people with or at risk for mental health and substance use concerns.

Children’s Mental Health and Advocacy Organizations

Autism Society of America

(www.autism-society.org)

This Web site provides information and resources on autism.

Bazelon Center for Mental Health Law

(www.bazelon.org)

The Bazelon Center for Mental Health Law works on a broad array of children’s mental health issues. The Web site includes an array of publications on children’s mental health and related policy issues.

Child & Adolescent Bipolar Foundation

(www.bpkids.org)

The Child & Adolescent Bipolar Foundation is a parent-led, Web-based membership organization of families raising children diagnosed with or at risk for early-onset bipolar disorder. The Web site includes information and resources on early-onset bipolar disorder.

Child Welfare League of America

(www.cwla.org/default.htm)

The Child Welfare League of America is the nation’s oldest membership-based child welfare organization committed to engaging people everywhere in promoting the well-being of children, youth, and their families, and protecting every child from harm.

Children and Adults with Attention Deficit/Hyperactivity Disorder

(www.chadd.org)

Children and Adults with Attention Deficit/Hyperactivity Disorder is a national organization representing individuals with attention-deficit/hyperactivity disorder in providing education, advocacy, and support to individuals and families. The organization is composed of dedicated volunteers from around the country who play an integral part in providing resources and encouragement to families, educators, and professionals.

Children’s Defense Fund

(www.childrensdefense.org)

The Children’s Defense Fund (CDF) mission is to provide a strong, effective voice for all the children of America who cannot vote, lobby, or speak for themselves. The CDF addresses the needs of poor and minority children and those with disabilities. The CDF mission is also to educate the nation about the needs of children and encourages preventive investment before they get sick or into trouble, drop out of school, or suffer family breakdown.

Council for Children with Behavioral Disorders

(www.ccbd.net/index.cfm)

The Council for Children with Behavioral Disorders is the official division of the Council for Exceptional Children committed to promoting and facilitating the education and general welfare of children and youth with emotional or behavioral disorders.

Health Resources and Services Administration: Stop Bullying Now!

(www.stopbullyingnow.hrsa.gov/kids)

The Health Resources and Services Administration bullying campaign, Stop Bullying Now! provides resources for professionals, parents, children, and youth on bullying behavior and how to help when someone you know is being bullied.

Mental Health America

(www.nmha.org)

Mental Health America is an advocacy, education, and support organization working to address the needs of people with mental health–related needs and mental illnesses.

National Alliance on Mental Illness

(www.nami.org)

The National Alliance on Mental Illness (NAMI) is the nation’s largest grassroots mental health organization dedicated to improving the lives of children and adults living with mental illness and their families. The national NAMI and NAMI organizations in every state and in more than 1,100 local communities across the country join together to meet the NAMI mission through advocacy, research, support, and education.

National Center for Mental Health and Juvenile Justice
(www.ncmhjj.com)

The National Center for Mental Health and Juvenile Justice promotes awareness of the mental health needs of youth in the juvenile justice system and assists the field in developing improved policies and programs based on the best available research and practice.

National Disability Rights Network
(www.napas.org)

The National Disability Rights Network is a national organization of protection, advocacy, and client assistance programs for children and adults with disabilities, including mental illnesses.

National Federation of Families for Children’s Mental Health
(www.ffcmh.org)

The National Federation of Families for Children’s Mental Health is dedicated to providing education, resources, and information to children with mental health needs and their families.

National Health Law Program
(www.healthlaw.org)

The National Health Law Program has excellent publications, resources, and information on Medicaid and other important health-related topics.

National Scientific Council on the Developing Child
(www.developingchild.net)

The council is a multidisciplinary collaboration committed to promoting child well-being by closing the gap between what we know and what we do.

National Youth Violence Prevention Resource Center
(www.safeyouth.org)

The National Youth Violence Prevention Resource Center is a resource for parents, professionals, and youth who are working to prevent violence committed by and against youth.

New Freedom Initiative State Coalitions to Promote Community-Based Care (Olmstead)
(www.ahpnet.com/Olmstead.html)

This initiative provides support for states and territories in their efforts to respond to the goals outlined in the President’s New Freedom Commission on Mental Health report. The initiative provides financial assistance, technical assistance, and training to promote community-based care.

OCDResource.com
(www.ocdresource.com)

This Web site provides information and resources on obsessive-compulsive disorder.

Youth Law Center
(www.youthlawcenter.org)

The Youth Law Center employs staff attorneys that investigate reports of abuse of children in adult jails, juvenile detention facilities, state institutions, and child welfare systems, and uses training, technical assistance, and negotiation to bring about needed change. If abusive conditions or practices continue, the center uses litigation as a last resort to protect children and ensure humane treatment.

Organizations Focused on Special Education and School-Based Mental Health

Center for Mental Health in Schools (UCLA)
(www.smhp.psych.ucla.edu)

Center for Mental Health Services Research (University of Maryland at Baltimore)
(http://medschool.umaryland.edu/psychiatry/services_research/centers_cmhsr.asp)

In 1995, 2 national training and technical assistance centers focused on mental health in schools were established with partial support from the US Department of Health and Human Services and the Center for Mental Health Services. One center is at UCLA and the other is at the University of Maryland at Baltimore. The Web sites include information and resources on school-based mental health programs.

IDEA Partnership**(www.ideapartnership.org)**

The IDEA Partnership is dedicated to improving outcomes for students and youth with disabilities by joining state agencies and stakeholders in shared work and learning. The Web site includes many helpful resources for schools, families, and advocates.

National Dissemination Center for Children with Disabilities**(www.nichcy.org)**

The National Dissemination Center for Children with Disabilities is an information and referral center that provides information on disabilities and disability-related issues (including mental illnesses) for families, educators, and other professionals, with a special focus on children and youth, birth to age 22 years.

School Psychiatry Program and the Mood & Anxiety Disorders Institute Resource Center**(www.schoolpsychiatry.org)**

The School Psychiatry Program and the Mood & Anxiety Disorders Institute Resource Center, both part of the Department of Psychiatry at Massachusetts General Hospital, jointly created this Web site, which is committed to enhancing the education and mental health of every student in every school. The Web site has resources for parents, educators, and clinicians to ensure that each group is working together to support children and teens with mental health conditions.

Technical Assistance Alliance for Parent Centers**(www.taalliance.org)**

The Technical Assistance Alliance for Parent Centers is an innovative project that supports a unified technical assistance system for the purpose of developing, assisting, and coordinating parent training and information projects and community parent resource centers under the Individuals With Disabilities Education Act (IDEA).

Wrightslaw**(www.wrightslaw.com)**

The Wrightslaw Web site is designed for families, advocates, educators, and attorneys looking for accurate, up-to-date information about special education law and advocacy for children with disabilities, including those with mental illnesses.

Professional Organizations**American Academy of Child & Adolescent Psychiatry****(www.aacap.org)****American Academy of Pediatrics (AAP)****(www.aap.org)****American Psychiatric Association****(www.psych.org)****American Psychological Association****(www.apa.org)****American School Counselor Association****(www.schoolcounselor.org)****American School Health Association****(www.ashaweb.org)****National Association of School Psychologists****(www.nasponline.org)****National Association of Social Workers****(www.naswdc.org)****National Association of State Mental Health Program Directors****(www.nasmhpd.org)****Academic Centers Focused on Children's Mental Health****Center for the Promotion of Mental Health in Juvenile Justice****(www.promotementalhealth.org)**

The Center for the Promotion of Mental Health in Juvenile Justice at Columbia University is dedicated to providing expert guidance to juvenile justice settings on best practices for mental health assessment and referral.

Georgetown University Center for Child and Human Development National Technical Assistance Center for Children's Mental Health**(http://gucchd.georgetown.edu/programs/ta_center/index.html)**

Since 1984, the technical assistance center has been dedicated to working in partnership with families and many leaders across the country to reform services for children and adolescents with mental health treatment needs and their families.

New York University Child Study Center

(www.aboutourkids.org)

The New York University Child Study Center was founded to improve the treatment of mental health disorders through research and education.

Portland State University Portland Research & Training Center on Family Support and Children's Mental Health

(www.rtc.pdx.edu)

The center promotes effective community-based, culturally competent, family-centered services for families and their children who are or may be affected by mental, emotional, or behavioral disorders.

University of South Florida Research & Training Center for Children's Mental Health

(<http://rtckids.fmhi.usf.edu>)

The goal of the Research & Training Center for Children's Mental Health is to improve services for children and adolescents with serious emotional disabilities and their families by strengthening the knowledge base about effective services and systems of care.

Yale Child Study Center

(<http://info.med.yale.edu/chldstdy>)

The mission of the center is to understand child development; social, behavioral, and emotional adjustment; and psychiatric disorders, and to help children and families in need of care.

Organizations Focused on Suicide Prevention

American Foundation for Suicide Prevention

(www.afsp.org)

JED Foundation

(www.jedfoundation.org)

The work of the JED Foundation is focused on college students.

National Strategy for Suicide Prevention

(www.mentalhealth.org/suicideprevention)

SOS Signs of Suicide High School Program

(www.mentalhealthscreening.org/highschool)

Suicide Prevention Action Network USA

(www.spanusa.org)

Suicide Prevention Resource Center

(www.sprc.org)

TeenScreen National Center for Mental Health

Checkups at Columbia University

(www.teenscreen.org)

Yellow Ribbon Suicide Prevention Program

(www.yellowribbon.org)

Youth Suicide Prevention School-Based Guide

(<http://theguide.fmhi.usf.edu>)

Web Sites for Teens

CopeCareDeal

(www.copecaredeal.org)

This is a mental health Web site for teens to help them in learning how to cope, take care of themselves, and deal with their own mental health.

KidsHealth

(www.kidshealth.org)

KidsHealth has separate areas for children, teens, and parents. Each of these sections includes its own design, age-appropriate content, and tone. There are many in-depth features, articles, animations, games, and resources developed by experts in the health of children and teens. For information on teen mental health, click on "Teens site" and then "Your Mind" to access a broad array of resources for teens.

Child and Adolescent Health Initiatives

American Academy of Pediatrics

The AAP has a number of child and adolescent health initiatives related to mental health. A few of these resources follow:

Bright Futures

(www.brightfutures.aap.org)

Bright Futures, initiated by the Maternal and Child Health Bureau of the Health Resources and Services Administration, Department of Health and Human Services, is a philosophy and approach that is dedicated to the principle that every child deserves to be healthy, and that optimal health involves a trusting relationship among the health professional, child, family, and community. As part of this initiative, *Bright Futures: Guidelines for Health Supervision of Infants, Children, and Adolescents*, 3rd Edition, and accompanying *Bright Futures Tool and Resource Kit* were developed to provide comprehensive health supervision guidelines and tools, including recommendations on routine health screenings, physical examinations, immunizations, and anticipatory guidance. This program is administered by the AAP.

Children's Mental Health in Primary Care

(www.aap.org/mentalhealth)

This Web site has resources for families, clinicians, and others interested in learning more about children's mental health concerns. Resources available on this Web site include summaries of collaborative projects, recordings of educational events (eg, teleconferences, Webinars), *Strategies for System Change in Children's Mental Health: A Chapter Action Kit*, and links to a number of related mental health Web sites.

Connected Kids: Safe, Strong, Secure

(www.aap.org/connectedkids)

Connected Kids is a program that provides resources for health care professionals for integrating violence prevention efforts in the practice and community. This Web site has an overview of the program, findings from those who have implemented the program, as well as sample materials.

Healthy Child Care America

(www.healthychildcare.org)

This Web site provides information and resources for health professionals, child care providers, and families on quality early education, health, and safety of children in out-of-home child care. Visit the Resource Library, a database with a wealth of resources related to early education and child care. Users are able to search by topic, type of resource, AAP materials, and materials for families.

Healthy Foster Care America

(www.aap.org/fostercare)

This Web site was developed as a place where professionals, partner organizations, children, and families can find the latest tools and resources about the health and well-being of children and teens in foster care.

Julius B. Richmond Center of Excellence

(www.aap.org/richmondcenter)

This Web site was established as a place where clinicians, families, AAP chapters, and others can find the most up-to-date information and resources on tobacco and secondhand smoke.

Practicing Safety

(www.aap.org/practicingsafety)

This Web site provides information about Practicing Safety, a program that focuses on expanding anticipatory guidance on 7 new morbidities—coping with crying, parenting, safety in other's care, family environment, effective discipline, sleeping and eating, and toilet training.

Maternal & Child Health Library Knowledge Paths (www.mchlibrary.info/KnowledgePaths/index.html)

The Maternal & Child Health Library at Georgetown University has compiled a variety of knowledge paths on maternal and child health-related topics. Components of a knowledge path include links to Web sites, electronic publications, databases, discussion groups, and citations for journal articles and other print resources. Existing knowledge paths include *Community Services Locator: An Online Directory for Finding Community Services for Children and Families* (www.mchlibrary.info/KnowledgePaths/kp_community.html) (September 2008) and *Emotional, Behavioral, and Mental Health Challenges in Children and Adolescents* (www.mchlibrary.info/KnowledgePaths/kp_Mental_Conditions.html) (October 2007).

Family-Centered, Culturally Effective Care Resources

American Academy of Pediatrics (www.aap.org)

The AAP provides a number of resources related to the provision of culturally effective, family-centered care.

Culturally Effective Pediatric Care
(www.aap.org/commpeds/cepc/index.html)

Culturally Effective Pediatric Care Facts & Figures
(www.aap.org/commpeds/cepc/fact_fig.html)

Center for Medical Home Improvement (www.medicalhomeimprovement.org)

The center provides the following resources that may be useful for primary care providers: Medical Home Index; Medical Home Index Short Version; Medical Home Family Index; and Center for Medical Home Improvement Family/Caregiver Survey.

Culturally Competent Care
(www.medicalhomeinfo.org/how/care_partnership_support.aspx#culturally_competent)

For Families
(www.medicalhomeinfo.org)

Georgetown University Center for Child and Human Development National Center for Cultural Competence
(www11.georgetown.edu/research/gucchd/nccc)

Institute for Family-Centered Care
(www.familycenteredcare.org/advance/clinician-links.html)

National Health Plan Collaborative
(www.nationalhealthplancollaborative.org)

Office of Minority Health
(www.omhrc.gov)

The REACH Institute
(www.thereachinstitute.org)

Established by Peter Jensen, MD, in 2006, the REACH Institute is dedicated to improving children's mental health by getting children with mental health concerns the help they need.

