

Name _____ Birthdate _____ Doctor _____ Today's Date _____

A Survey from Your Healthcare Provider

Part of routine screening for your health includes reviewing mood and emotional concerns.

During the past two weeks, have you often been bothered by of the following problems?

Feeling down, depressed, irritable or hopeless? ☐ Yes ☐ No

Little interest or pleasure in doing things? ☐ Yes ☐ No

If you answered “Yes” to either question above, please answer all questions below.

	(0) Not At All	(1) Several Days	(2) More Than Half the Days	(3) Nearly Every Day
<u>During the past two weeks</u> , how often have you been bothered by of the following problems?				
Feeling down, depressed, irritable or hopeless				
Little interest or pleasure in doing things				
Trouble falling or staying asleep or sleeping too much				
Feeling tired or having little energy				
Poor appetite, weight loss, or overeating				
Feeling bad about yourself --or feeling that you are a failure, or have let yourself or your family down				
Trouble concentrating on things, like reading the newspaper or watching television				
Moving or speaking so slowly that other people could have noticed? Or the opposite – being so fidgety or restless that you were moving around a lot more than usual				
Thoughts that you would be better off dead, or of hurting yourself in some way				
<p>If you are experiencing any of the problems on this form, how difficult have these problems made it for you to do your work, take care of things at home or get along with other people?</p> <p> <input type="checkbox"/> Not difficult at all <input type="checkbox"/> Somewhat difficult <input type="checkbox"/> Very difficult <input type="checkbox"/> Extremely difficult </p>				

For Office Use Only: Total Score