

BAY AREA - Sample SEL Programs and Supports

Below is a list of a several San Francisco Bay Area groups who are leaders in SEL practices and examples of how they implement or support the implementation of SEL in the classroom or school community:

1. Institute For Social and Emotional Learning <http://www.instituteforsel.org/> offers experiential learning and helps educators develop a range of powerful SEL skills, including how to:

- Conduct classes in ways that build capacity for personal reflection, meaningful conversation, ritual and group harmony.
- Use silence, creative expression, listening and cooperation to activate SEL in all subject areas.
- Use SEL principles to facilitate more powerful academic curriculum design.
- Exploit the link between literary themes, creative writing, storytelling and SEL skills.
- Facilitate use of clarification, support and proposed solutions in conversation to unlock the power of collective wondering.
- Work with values to build teacher resilience, humanity and creativity.

2. Acknowledge Alliance www.acknowledgealliance.org, formerly the Cleo Eulau Center, has used the power of fostering resilience to help build positive connections between teachers and students to open the doors to learning and well-being since 1994. As a mental health agency, Acknowledge focuses on education and learning environments. Their mental health professionals meet students, teachers, and administrators where they are, listen to what they need, and work directly together to create a healthy positive school environment. They support teachers, students, administrators, and the entire school community by

- Fostering healthy relationships
- Developing resilience in both youth and educators
- Providing knowledge and skills to help build on the direct connection between emotions and learning, as well as how to respond to emotional and developmental needs
- Work collaboratively with educators to create more vital, healthy, and positive learning environments.

Acknowledge provides a continuum of services that can be adapted to any school environment.

- Tier 1/Universal services include Professional Development sessions for school staff, Social Emotional Learning Lessons for elementary and middle school, and Resilience Consultation, where licensed mental health staff provide onsite support one or two days a week at the school site.
- Tier 2/Focused services are for both adults and students who are experiencing challenges to teaching and learning, and include counseling (K-8 students) and coaching (educators), as well as Teacher Resilience Groups and Principals Leadership Groups.

- Tier 3/Targeted services are provided for high school students involved in the juvenile justice system; counselors follow these young people as they navigate across schools and experiences.

3. Six Seconds <http://www.6seconds.org/> provides educators, counselors, coaches, consultants, and parents with powerful, research-based tools and exceptional training to integrate social and emotional learning. Six Seconds' Center for Social Emotional Learning (cSEL) delivers transformational training, validated measures, and extensive resources. These ingredients are key to any comprehensive, evidence-based approach to SEL.

Six Seconds teaches the skills of emotional intelligence to enable individuals, teams, organizations, families, schools and communities to flourish. To support educators around the world to adopt social and emotional learning programs in their schools, Six Seconds' cSEL offers: assessments for students, teachers, and schools; training and professional development including free online courses; grants and research support; proven resources; powerful data to help make the case for social emotional learning; a community of SEL allies.

4. Center for Reaching and Teaching the Whole Child (CRTWC) <http://crtwc.org/> envisions a world where all children are supported to reach their full potential and participate constructively as interconnected and concerned citizens in our democracy; school climate and social-emotional skills are routinely addressed in preK-12 schools and in the professional preparation of school professionals; and the opportunity gap among different groups of students within our region no longer exists. Their mission is to enhance schools' capacity to meet the needs of children and those educators who work with them by focusing on the Social-Emotional Dimensions of Teaching and Learning (SEDTL).

CRTWC creates systemic change by transforming teacher preparation to integrate SEDTL into course content and field experiences, developing new teachers equipped with the skills, lens and tools to build supportive relationships with their students, fostering a healthy learning environment and students' SEL skills. CRTWC takes a systemic approach, integrating SEL skill development throughout teacher preparation. This equips new teachers with an SEL knowledge base and the concrete strategies and habits of mind to truly transform their classrooms. This SEL "lens" enables teachers to provide an empathetic and respectful school environment where all students can take risks, make mistakes, and support one another.

5. Greater Good Science Center <http://www.greatergood.berkeley.edu/> at UC Berkeley studies the psychology, sociology, and neuroscience of well-being, and teaches skills that foster a thriving, resilient, equitable, and compassionate society. The Center's Education Program provides education professionals with developmentally and culturally-appropriate research-based tools, practices, and methods for nurturing the prosocial (kind and helpful) development of students, along with caring classrooms and schools.

[GGSC's Annual Summer Institute for Educators](#) provides education professionals from all over the world the opportunity to expand their knowledge of the science of prosocial

human development, including social-emotional learning, mindfulness, and ethical development. Most importantly, they learn how the practical application of this science can be used to help them build classrooms and schools where both the students and the adults who work with them thrive.

6. Playworks <http://www.playworks.org/> leverages the power of safe, fun, and healthy play at school every day. Through safe, healthy play, children learn social and emotional skills and improve the learning environment. Playworks partners with schools to provide services for elementary schools and youth-serving organizations around the country, including:

- The Playworks Coach model provides elementary schools with a full-time recess coach, throughout the school day, and after school. Coaches enhance and transform recess and play into a positive experience that helps kids and teachers get the most out of every learning opportunity.
- The Playworks TeamUp service partners with elementary schools by providing an on-site coordinator to teach, model, and empower a sustainable recess program.
- The Playworks Pro service provides professional training and ongoing development to school staff, paraprofessionals, and after-school care providers to create and maintain a great recess and environment for play throughout the school year.

Several national organizations are featured in the blog post, **12 SEL Organizations Making a Difference** <http://gettingsmart.com/2016/10/sel-organizations-making-a-difference/>